#### Tannslitasje-pasienten

#### veivalg hvis årsaken er primært mekanisk eller på grunn av syreangrep

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# **Dental lesions**

Carious etiology Non-carious etiology **Developmental** Toxic Hereditary Acquired Discoloration Fracture (Tooth) Surface lesions



### Management?













#### Erosion (clinical diagnosis)

Original Definition: Progressive loss of hard dental tissue by chemical processes not involving bacterial action



#### Erosion: <u>ASTM:</u> American Society for Testing & Materials Committee on Standards:

*"The progressive loss of a material from a solid surface due to mechanical interaction between that surface and a fluid, a multicomponent fluid, impinging liquid or solid particles"* 



#### Erosion examples:







Epesion Corrosion! 'Progressive loss of hard dental tissue by chemical processes not involving bacterial action"









Corrosion:

grade 1

grade 2

grade 3





**Erosion** Corrosion Abrasion (clinical diagnosis) Loss by wear of dental tissue caused by friction of a foreign substance ( dentifrice, toothbrush, objects)







Attrition (clinical diagnosis) 'Loss by wear of surface of tooth or restoration caused by tooth to tooth contact during mastication or parafunction"







Erosion Corrosion Abrasion Attrition

Abfraction (clinical diagnosis)

"Loss of tooth surface at the cervical areas of teeth believed to be caused by tensile and compressive forces during tooth flexure"







*Grippo et al. JADA 2004 135; 1109* 

STRESS [Microfracture/ Abfraction] Endogenous Exogenous FRICTION [Wear] Endogenous (Attrition) Exogenous (Abrasion)

CORROSION [Chemical Degradation] Endogenous Exogenous Grippo et al. JADA 2004 135; 1109

STRESS [Microfracture/ Abfraction] Endogenous Exogenous

Endogenous Parafunction Occlusion Deglutition <u>Exogenous</u> Mastication Habits Occupational behaviors Use of Dental appliance

**CORROSION** [Chemical Degradation] Endogenous Exogenous

FRICTION [Wear] Endogenous (Attrition) Exogenous (Abrasion)

> Endogenous Parafunction Deglutition <u>Exogenous</u> Mastication Dental Hygiene Habits Occupational behaviors Use of Dental appliance

<u>Endogenous:</u> Plaque – gingival crevicular fluid – Gastric juice <u>Exogenous:</u> Diet -Occupational exposures - Certain drugs/alcolhol



# Patient management



#### Patient management - Strategy 1

Establish status
 Restore
 Carious & non-carious lesions



#### Patient management - Strategy 1

Symptomatic
1. Establish status
2. Restore

carious & non-carious
lesions

Diagnosis and etiology is of limited interest. ...perhaps only for the sake of guessing prognosis... DANGER: Unpredictive treatment outcome!



#### Patient management - Strategy 2

Symptomatic
1. Establish status
2. Restore

carious & non-carious
lesions

Diagnosis and etiology

Diagnosis and etiology is of limited interest. Perhaps only for the sake of estimating prognosis. Causal

- Diagnose correctly Carious vs non-carious
   Identify cticleasy
- 2. Identify etiology a. carious
  - b. non-carious lesions
- 3. Restore Carious & non-carious
  - lesions
- 4. Reduce risk
  - a. carious
  - b. non-carious lesions



# Diagnosis



Abrasion-attrition-corrosion?



Abfraction-abrasion-corrosion?



Abrasion-corrosion?



Abrasion-corrosion?



Abrasion-attrition-corrosion?





Abfraction-abrasion?



Attrition-corrosion?





#### Corrosion – clinical appearance (anterior)

- Broad concavities within smooth surface enamel
- Increased incisal translucency
- Wear on non-occluding surfaces
- Loss of surface characteristics of enamel (perikymata) in young children
- Preservation of enamel "cuff" in gingival crevice is common
- > Hypersensitivity

#### Corrosion – clinical appearance (posterior)

- Cupping of occlusal surfaces, (incisal grooving) with dentin exposure
- Wear on non-occluding surfaces
- "Raised" amalgam restorations
- Clean, non-tarnished appearance of amalgams
- Preservation of enamel "cuff" in gingival crevice is common





#### Abrasion – clinical appearance

Usually located at cervical areas of teeth
 Lesions are more wide than deep
 Premolars and cuspids are commonly affected





#### Attrition – clinical appearance

Matching wear on occluding surfaces
Shiny facets on amalgam contacts
Enamel and dentin wear at the same rate
Possible fracture of cusps or restorations





#### **Attrition vs corrosion**





#### Abfraction – clinical appearance

Affects buccal / labial cervical areas of teeth
 Deep, narrow V-shaped notch
 Commonly affects single teeth with excursive interferences or eccentric occlusal loads





#### **Cervical loss**

Locations: Ling./Bucc. Buccal Buccal V-form Form: Wedge Edge: sharp smooth sharp (sometimes subgingival) Enamel: rough smooth/rough smooth often slightly

polished

Abrasion

Probably:

\_\_\_\_\_

Abfraction



#### **Abfraction vs Abrasion**



# 1. Diagnostic Protocol 2. Types of lesions Carlous vs pon-carlous lesions 2. Identify etiology (causes) (a. carlous) & b. non-carlous lesions

1. Diagnostic Protocol 2. Types of lesions Carious vs non-carious lesions 2. Identify causes > (a. carious) & b. non-carious lesions 3. Restore







# **Restorative material**

Esthetics Biological cost Acid resistance Wear resistance Longevity

| Alternatives |          |                             |                         |
|--------------|----------|-----------------------------|-------------------------|
| Veneer       | C<br>GIC | omposite<br>-GIC<br>-hybrid | e<br>Composite<br>resin |
| ++~          | -        | _/+                         | +                       |
|              | ++/      | +~                          | +                       |
| ++           |          | -/+                         | +                       |
| ++           | - 0      | -/+                         | +                       |
| ++           | /+       | _/+                         | /++                     |



#### **Restorative planning**

Tooth preparation Minimal extension Supragingival margins No extra undercuts or retention lock Estimated force No compression versus flexure of tooth >Wear type Esthetics on anterior teeth and premolars

1. Diagnostic Protocol 2. Types of lesions Carious vs non-carious lesions 2. Identify causes (a. carious) & b. non-carious lesions

#### 3. Restore

carious & non-carious lesions Restoration Composites & Bonding



#### Abfraction vs. Abrasion





*Glassionomer or microfill composite resin* 





*Hybrid microfill composite resin* 



#### **Glassionomer cement-resin hybrids**

Two subgroups a. Material polymerises without light initiation b. Light initiation is required Most products contains 4.5%-6% resin











#### Selection of restorative material? Composite resin vs. glassionomer

#### **Cavity situation:**

- Supragingival margin: moisture sensitive
- Cementum gingival margin
- Dentin substrate: sclerotic dentin(?), depth of preparation, tubule orientation
- Etiology:
- >High caries risk: need for F-
- Cervical abrasion: wear
- >Abfraction: flexion





#### **Risk reduction : Corrosion**

- Diminish frequency & severity of acid challenges
- Decrease amount/frequency of acidic foods / drinks
- Acidic drinks should be drunk quickly rather than sipped. The use of a straw would reduce the corrosive potential of soft drinks
- If undiagnosed / poorly controlled gastroesophageal reflux is suspected, refer to a physician
- In the case of bulimia, a physician or psychologist referral is appropriate
- A patient with alcoholism should be assisted in seeking treatment in rehabilitation programs



#### **Risk reduction : Corrosion**

# Enhance acid resistance, remineralization and rehardening of the tooth surfaces

- Have the patient use daily topical fluoride at home
- Fluoride can be applied in the office 2-4 times a year. A fluoride varnish is recommended

#### **Improve chemical protection**

- Neutralize acids in the mouth by dissolving sugar-free antacid tablets 5 times a day, particularly after an intrinsic or extrinsic acid challenge
- Dietary components such as hard cheese (provides calcium and phosphate) can be held in the mouth after acidic challenge (e.g., hold cheese in mouth for a few minutes after eating a fruit salad)



#### **Risk reduction:** Corrosion+Friction

Enhance the defense mechanisms of the body (increase salivary flow and pellicle formation)

Saliva provides buffering capacity that resists acid attacks. This buffering capacity increases with salivary flow rate. Saliva is also supersaturated with calcium and phosphorus, which inhibits demineralization of tooth structure

Saliva reduces tooth friction

Stimulation of salivary flow by use of a sugarless lozenge or chewing gum should be encouraged



#### **Risk reduction : Friction**

#### **Decrease abrasive forces**

- Use soft toothbrushes and dentifrices low in abrasiveness in a gentle manner
- Do not brush teeth immediately after an acidic challenge to the mouth, as the teeth will abrade easily
- Rinsing with water is better than brushing immediately after an acidic challenge



#### Risk reduction: friction, stress, corrosion

#### Decrease abrasive forces

- Gentle use of soft toothbrushes and dentifrices low in abrasiveness
- No brushing immediately acidic challenges
- Rinsing with water after an acidic challenge

#### **Provide mechanical protection**

Consider application of composites and direct bonding where appropriate to protect exposed dentin

Construction of an occlusal guard is recommended if a bruxism habit is present